

# Big Brothers Big Sisters of Yorkton & Area

**Fitness Friday**

May 21, 2021



Last week to join the **50 Day Fitness Challenge!**

**Yes, there is still time  
and still a chance to win prizes if you join now!**

Head on over to the Facebook Group for full info and to join:

<https://www.facebook.com/groups/bbbs50dayfitnesschallenge/>.

All participants will be entered in a draw for an opportunity to win some awesome **prizes**. Challenge ends May 27, but entries accepted until May 31.

## Rainy Day Activities:

Baking

Yoga

Crafting

Science  
Experiment

COLORING

Puzzles

Dance party

Make a Fort

READ

Indoor obstacle Course

Origami

Show us what you did to have fun this weekend.

Tag us in your Instagram or Facebook post.

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