

Big Brothers Big Sisters of Yorkton & Area

Fitness Friday


June 25, 2021



Have you enjoyed the Fitness Friday publications?

We would love to know if you have been reading our Fitness Friday publications. Here is your opportunity to respond and if you do you will be entered to win a **prize**.

To enter the draw for the prize, please respond to this email by answering one of these questions:

1. What are you most looking forward to this summer?
2. What do you love about Saskatchewan?
3. What is your favorite ice cream flavour? 
4. What was the best thing about having a mentor or being a mentor?



Have a great summer!

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